



**The Alternative Academy Program  
January 2019**

**Monday: Wednesday: Thursday:**  
Chicken Patty on a Bun  
Spicy Chicken Patty  
**Tuesday: Friday:**  
Cheeseburger on a Bun



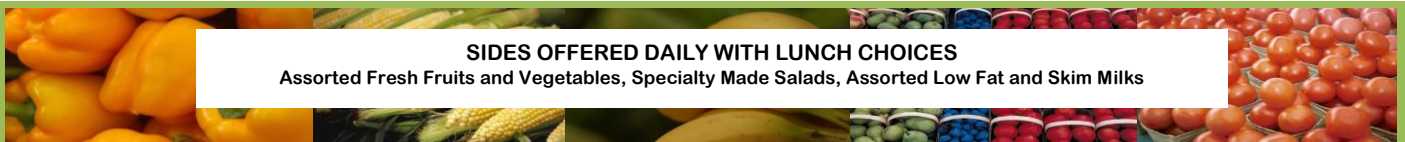
In A Hurry?  
Check Out Some Of  
Our Fast Take  
Sandwiches

**Grab & Go Salads & Wraps**

**Week of the 2nd:** Chicken Caesar Salad & Italian Sub  
**Week of the 7th:** Buffalo Chicken Salad & Turkey Club Wrap  
**Week of the 14th:** Chef Salad & Buffalo Chicken Wrap  
**Week Of the 22<sup>th</sup>:** Garden Salad w/ Cheese & Tuna Salad Wrap  
**Week of the 28<sup>th</sup>:** Turkey BLT Salad & Chicken Caesar Wrap



**Cheese or Pepperoni Pizza Available every  
Wednesday and Friday**



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks

	1/1	1/2 Mac. & Chicken Alfredo Sauce & Garlic Breadstick Sautéed Spinach Kale Tuscan Salad	1/3 Baked Chicken & Waffles BBQ Baked Beans Roasted Squash & Peppers	1/4 Chicken Gyro Steamed Green Peas Mediterranean Tomato & Cucumber Salad
1/7 Egg & Cheese Bagel Sandwich Sweet Potato Wedges Romaine Tossed Salad	1/8 <b>Triple Dipper Tuesday:</b> Buffalo Chicken Bites Baked French Fries Pretzel Nuggets Sweet Steamed Corn	1/9 Rotini Pasta w/Italian Meat Sauce & Garlic Breadstick Sautéed Spinach Kale Tuscan Salad	1/10 Nachos Supreme Vegetarian Refried Beans Tomato & Black Bean Salsa	1/11 Fish & Chips Basket w/ Coleslaw Steamed Green Beans
1/14 Chili Cheese Loaded Tots w/Biscuit Honey Glazed Carrots Roasted Sweet Potato	1/15 <b>Triple Dipper Tuesday:</b> Popcorn Chicken, Breadstick, Potato Wedges Sweet Steamed Corn	1/16 Macaroni & Cheese with Dinner Roll Steamed Broccoli & Stewed Tomatoes Colorful Collards	1/17 Twin Tacos w/Spanish Rice Southwest Black Beans Spinach Tossed Salad	1/18 Sweet & Sour Chicken "Take out" with Rice Chinese Style Vegetables Mandarin Salad
1/21 Martin Luther King's Day School Closed	1/22 Crispy Chicken Bowl w/Mashed Potatoes & Gravy Golden Corn & Dinner Roll	1/23 Baked Ziti w/Garlic Breadsticks Steamed Broccoli Garden Tossed Salad	1/24 Chicken Fajita w/Toppings Seasoned Beans Tomato Salsa	1/25 South of the Border Fish Tacos Baked Latin Beans Mochamole
1/28 Chicken Tenders w/ Dinner Roll Cinnamon Sweet Potatoes Roasted Butternut Squash	1/29 <b>Triple Dipper Tuesday:</b> Chicken Bites, Pretzel Sticks Waffle Fries Sweet Steamed Corn	1/30 Roasted Turkey w/Gravy Dinner Roll Mashed Potatoes & Golden Corn	1/31 Chicken & Cheese Taquitos w/salsa Vegetarian Refried Beans Corn & Bean Salad	<b>BREAKFAST IS OFFERED AT NO COST TO ALL STUDENTS</b>